

Professional Martial Arts Profile

Sensei Hannes Alers

Sensei Hannes Alers began his martial arts journey at the age of 13 and trained extensively until the age of 22 in Shukokai Karate. He trained under Shihan Marius Ferreira (7th Dan), Chief Instructor of Shukokai Karate in South Africa, and also received instruction under Shihan Takeshi Masuyama (8th Dan) receiving his 3rd Dan (Sandan).

In addition to Shukokai Karate, Sensei Alers has trained in multiple complementary disciplines, including:

- Taekwondo
- Krav Maga
- Brazilian Jiu-Jitsu (BJJ)

Beyond Martial Arts

Sensei Alers has a strong background in physical conditioning and professional security services. He competed as a professional bodybuilder for 12 years, developing elite-level strength, discipline, and conditioning.

Private Security Industry

He has also worked as a professional bodyguard for 5 years within the private security industry, holding security grades E through A. His operational experience includes working as an unarmed air marshal, escorting and deporting individuals to five different countries, requiring high levels of situational awareness, restraint, and professionalism.

Current & Future Development

Kickboxing – White Belt to 3rd Dan Promotional Grading (in progress)

A.F.K.A.K Branch Trainer (future qualification)

Coach Terence “Tee” Teraine 10th Dan and Hanshi Dr. Karel “Wollie” Wolmarans 10th Dan

Self-defence School (Name Pending)

Sensei Alers combines traditional martial arts values with modern combat training and real-world security experience, making him a well-rounded martial artist, instructor, and professional.