

Professional Martial Arts Profile

Simon Scott

Biography :

Simon Scott began his martial arts training at a young age under the guidance of **Sensei Francois du Plessis**, practicing **Goju Kai Karate** at the **School of Karate**. His development continued under the leadership of **Shihan Peter Brandon**, Chief Instructor of **Goju Kai Karate South Africa (GKKSA)**, where Simon progressed through roles including **Provincial Instructor** and **Head Instructor**.

Events :

During his training career, Simon attended multiple high-level karate events, including **two-day Karate Camps in 1996 and 1997**. In 1996, he also participated in the **International Japanese Goju Kai Karate Tour**, where he had the opportunity to meet and train with **Shihan Yamaguchi** and **Shihan Futatawati**, gaining direct exposure to international Goju Kai instruction and tradition.

Demonstrations :

Simon took part in the demanding **Goju Kai Punch Mania**, successfully clocking **1,000 punches**, demonstrating endurance, discipline, and commitment to rigorous training standards.

Additional Arts :

Beyond traditional karate, Simon expanded his martial arts experience while working at the **Cape Town docks as a Marine Fireman**. During this time, he met and trained in **Kung Fu under Sifu Lee**, broadening his understanding of martial arts beyond the Goju Kai system.

Security :

Simon completed the following security grades, E – Patrol Officer and D – Control Officer

First Aid :

Simon completed a First Aid Level one course