

# Professional Martial Arts Profile

## Johan Fourie

Began his martial arts journey in **Shotokan Karate** and **Kickboxing** under **Sensei Brunner** from **1982 to 1986**, during which he successfully graded through the following ranks: **White Belt, Yellow Belt, Orange Belt, Green Belt, and Purple Belt**.

His certificates in Shotokan Karate and Kickboxing were later **re-issued** by **Hanshi Dr. Karel "Wollie" Wolmarans, 10th Dan**, JKKISA Chief Instructor for All Africa, together with **Coach Terence "Tee" Teraine, 3rd Dan**.

As part of the requirements for assessment and evaluation, Johan completed a **4-hour private workshop** to demonstrate all belt techniques and **katas**. Assisting in the assessment were **Sensei Cobus Robinson, 1st Dan Black Belt Instructor, Senpai Frans Naude**, and trainer **Warren Chong**.

The assessment was conducted at the **Combat Martial Arts Club**.

## Additional Grading Requirements

To progress from **junior to senior level** across all previously mentioned belt ranks, Johan is required to attend **private classes every Wednesday from 4:00 to 5:00 PM**.

For advanced progression in both **Karate** and **Kickboxing**—specifically to grade **Brown Belt, Black Belt**, and ultimately **1st Dan Instructor**—he is additionally required to participate in **4-day training camps**, consisting of **6–8 hours of training per day** to ensure technical mastery and instructor-level proficiency.