

Sifu Warren Chong – Professional Martial Arts Profile

Kaizen Martial Arts Association South Africa (KMAASA)

Founder | Chief Instructor

Established: Kaizen Martial Arts – South Africa

Experience: 20 years training | 8 years teaching

Martial Arts Background & Qualifications

Primary Systems

- **Wing Chun Kung-Fu** – Black Sash, 1st Degree Instructor
- **Yang Tai Chi** – Black Sash, 1st Degree Instructor
- **Wu-Shu** – Black Sash, 1st Degree Instructor
- **Kaizen Cystema** – Black Sash, 1st Degree Instructor
- **Kaizen Chin-Na** – Black Sash, 1st Degree Instructor
- **Kaizen Combat Fitness** – Founder & Black Sash, 1st Degree Instructor

Additional Martial Arts Training

- Shukokai Karate – 2 years
- Jow-Ga Kung Fu
- Krav Maga
- Brazilian Jiu-Jitsu (BJJ)
- Knife, Gun Retention & Disarming
- Kubu-Jitsu
- Throwing Knives & Ninja Stars
- Shotokan Karate & Kickboxing under **Sensei Cobus Robinson**, Black Belt 1st Dan Instructor
- Combat Aiki-Sambo under **Senpai Frans Naude**

Tenchikan Combat Arts

Joined Tenchi Dojo: 2020

Instructor: Training under Coach Tee

Systems Trained: Tenchikan Combat Arts

Specialized Workshops & Courses

- CPR Course
- Aiki-Sambo
- Alien MMA Gi/No-Gi Jits Groundwork & Grappling
- A.F.K.A.K Close Combat Self-Defence
- Anti-Hijack & Anti-Hostage
- Combat Archery
- Combat POI
- Combat GO
- Pellet Gun & Kettie
- Stunt-Fight Safety Training

Affiliations

- **Kaizen Martial Arts Association** is officially recognized and affiliated with **Combat Martial Arts South Africa (CMASA)**.

Future & Additional Qualifications

Security Training (PSIRA Registered – with card):

- Grades E, D, C, B, A
- Reaction Officer
- Retail Officer
- Cash-in-Transit (CIT)
- Control Room Operator
- Instructor

The Guardian Safeguarding

- Safeguarding Awareness Course (SAC)
- Schools Safeguarding Awareness (SSA)
- Designated Safeguarding Officer (DSO)