

Sensei Adri De Klerk – Professional Martial Arts Profile

Experience

- Over **40 years of martial arts training**
- **4 years of self-defence instruction**
- Extensive cross-disciplinary background in traditional and modern combat systems

Ranks & Qualifications

Ju-Jitsu & Self-Defence

- **2nd Dan Black Belt – Kan-Kai Ju-Jitsu (Mixed Martial Arts & Self-Defence)**
 - Under Shihan Dave Pretorius (4th Dan)
- **2nd Black Belt – Gochin Ju-Jitsu**
- Completed specialised self-defence training under **Shihan Louis Labuschagne (7th Dan)**

Kickboxing

- Goshinkai Kickboxing – trained under **Shihan Morné Botha (5th Dan)**
- Kickboxing (Dragon Martial Arts)
- **Purple Belt – XKT Kickboxing**, under **Shihan Raymond Phillips**
- S.A.K.A Kickboxing Association
- **Blue Belt – Ring Contact Fighting Art**, under **Master Joe Viljoen**

Karate

- **Green Belt – Tenshikan Karate**

Judo

- **Green Belt – Judo**
- Eastern Transvaal colours (Judo)
- Provincial colours (Judo)
- Under Shihan Gordon Cummings
- South African Judo Union (SAJU)
- Under Shihan Hans Hapt

Instructors & Lineage

- Shihan Morné Botha – 5th Dan
- Shihan Gordon Cummings
- Shihan Hans Hapt
- Shihan Raymond Phillips
- Shihan Dave Pretorius – 4th Dan
- Shihan Louis Labuschagne – 7th Dan
- Master Joe Viljoen
- Sharryn Harris (Sh'Zen training)

Additional Training

- **Basic First Aid** – Africa Institute of Emerging Medicine
- **Sh'Zen Induction Course** under Sharryn Harris

Combat Martial Arts

- Attended workshops under instructors Sensei Petro De Villiers 1st Dan and Sensei Leonard Neilson 1st Dan Combat Aiki-Sambo which is a Japanese Mixed Martial Arts combining Karate, Kenpo, Ju-jitsu, Judo, Aikido, Sambo, BJJ, MMA and Gi-No-Gi
- Temple Arts Shaolin and Kung-fu under Sifu Jamie Haigh 1st Degree Black Sash and Sifu Diane Haigh 1st Degree Black Sash and Kaizen Cystema under Sifu Warren Chong 1st Degree Black Sash
- Technical self-defence in Aiki-Sambo under Senpai Frans Naude Blue Belt
- Coach Shihan Terence “Tee” Teraine Shibuchō 7th Dan Red Belt founder of Aiki-Sambo South Africa (ASSA) Est. 2014