

Professional Martial Arts Profile

Sifu Jamie Haigh

Martial Arts Background & Lineage

Jamie Haigh is a dedicated South African martial artist with over two decades of experience across multiple traditional and modern combat disciplines. Beginning his journey in Shaolin Kung-fu in Benoni, he trained for 11 years under the renowned **Sigung Leo Sebrechts**, with direct instruction from **Sifu Cris Sequeira** and technical evaluation from **Sifu Bruce Sebrechts**, **Sifu Frank Sebrechts**, and **Grand Master Sigung Leo Sebrechts** across Benoni, Bedfordview, Fairleads, and Randburg.

Primary Training (Shaolin System)

- Shaolin Kung-fu
- Traditional Kung-fu
- Tiger Style
- Tai-chi
- Wu-shu

Teaching Experience

- **Instructor at Shaolin Kung-fu Benoni for six years**
- Assisted in gradings across multiple dojos under the Sebrechts lineage

Ranks & Achievements

- **Green Sash – One Stripe**
- **Member of the South African Demonstration Team for five years**

Film & Stunt Experience

In **1998 in Pretoria**, while working as a freelance actor through the Freelance Casting Agency (Kensington), Jamie participated in stunt and scene direction under **Jackie Chan** (on-set director for stunt coordination), contributing as an extra together with Diane on the set of **Who Am I?**

Tenchi Dojo & Combat Training

Joined **Tenchi Dojo** in 2018 and expanded into a broader range of combat systems under **Coach Terence "Tee" Teraine**, Founder of **Aiki-Sambo SA (est. 2014)**.

Additional Disciplines Trained (Teaching and Attending Workshops)

- **Aiki-Sambo**
- **Alien MMA GI-NO-GI Jits**
- **Combat Archery, POI, GO, Throwing Knives & Ninja Stars + Pellet Guns & Ketties**
- **Tenchikan Aikido and Kubu-jitsu (Weapons)**
- **Knife & Gun Retention and Disarming**
- **Stunt-Fight-Safety**

Additional Teachers and Instructors (Trained Under)

- **Sensei Johnny Leandros Black Belt 1st Dan Instructor (JKA Karate)**
- **Sifu Graham Rusch Black Sash 1st Degree Instructor (Kung-fu)**
- **Shibu Candice Hitchcox Black Belt 1st Dan Instructor (Aiki-Sambo)**
- **Sensei Cobus Robinson Black Belt 1st Dan Instructor (JKI Karate & Kickboxing)**
- **Sifu Warren Wilson Black Sash 1st Degree (Kaizen Cystema)**

Competitions

- **Combat Aiki-Sambo Groundwork & Grappling Comp – 3rd Place Bronze Medal**

A.F.K.A.K Afrikaans Kombat : Close Combat Self-Defence

- **Promoted Rep and Trainer fo A.F.K.A.K Afrikaans Kombat**
- **By Hoof-Stigter Coach Terence “Tee” Teraine 10th Dan Gold Belt Chief Instructor All Africa and Hanshi Dr. Karel “Wollie” Wolmarans 10th Dan Gold Belt Style Head All Africa**

J.K.G.J.A All Styles Traditional Martial Arts

- **Temple Arts Kung-fu is recognized and affiliated to J.K.G.J.A**
- **Promoted to Black Sash 1st Degree Instructor (Sifu)**
- **Shaolin, Kung-fu, Tiger, Tai-chi, Wu-shu, Chi-kong and Chin-Na**
- **Awarded Founder of Temple Arts Kung-fu**

- **By Shihan Terence “Tee” Teraine Sifu 7th Dan Style Head All Africa and Senior Professor Hanshi Dr. Karel “Wollie” Wolmarans 10th Dan Chief Instructor All Africa**

Combat Martial Arts South Africa (CMASA)

- **Temple Arts Kung-fu is recognized and affiliated to CMASA**
- **Promoted to Black Sash 1st Degree Instructor (Sifu)**
- **Shaolin, Kung-fu, Tiger, Tai-chi, Wu-shu, Chi-kong and Chin-Na**
- **Awarded Founder of Temple Arts Kung-fu**
- **By Coach Tee and Hanshi Wollie**